

Contents

Preface	iii
Executive Summary	1
1. Introduction	13
1.1 Background	13
1.2 Sources and Magnitude of Exposures: Historical Context	13
1.2.1 The 1980s	13
1.2.2 Findings of NCRP Report No. 160: The 1990s to 2006	14
1.3 The Present Report	16
1.4 Characteristics of the U.S. Population	18
2. Definition and Use of Exposure and Dose Metrics	20
2.1 Quantities and Units	20
2.1.1 Air Kerma	20
2.1.2 Entrance Skin Exposure	23
2.1.3 Entrance Surface Dose	23
2.1.4 Dose-Area Product	23
2.1.5 Mean Glandular Dose	24
2.1.6 Computed Tomography Dose Index Volume	24
2.1.7 Dose-Length Product	25
2.1.8 Diagnostic Reference Level and Achievable Dose	26
2.2 Effective Dose	26
2.3 Collective Effective Dose	28
2.4 Effective Dose per Individual in the U.S. Population	29
3. Sources of Data for Estimating the Number of Procedures	30
3.1 Commercial Data Sources	30
3.2 Medicare Physician Supplier Procedure Summary Files	32
3.3 U.S. Department of Veterans Affairs	33
3.4 U.S. Food and Drug Administration (Mammography Quality Standards Act)	34
3.5 Nationwide Evaluation of X-Ray Trends	34
3.6 Private Insurance Plans	34
3.7 National Cardiovascular Data Registry	34
3.8 National (Nationwide) Inpatient Sample	35
3.9 Medical Expenditure Panel Survey	35
3.10 State Radiation Control Programs	36
3.11 American College of Radiology Dose Index Registry	37

3.12	Reconciling Data from Multiple Sources and Across Time	37
4.	Estimation of Effective Dose Per Procedure	39
4.1	Definition and Use of Effective Dose in Medicine	39
4.2	Effective Doses in NCRP Report No. 160	41
4.3	European Commission Report No. 180: Parts 1 and 2 ..	42
4.4	Peer-Reviewed Literature	42
4.5	Issues Related to Changing ICRP Tissue Weighting Factors	42
4.5.1	Computed Tomography	45
4.5.2	Radiography and Dental Imaging	46
4.5.3	Nuclear Medicine	46
4.6	Computational Phantom Models of the Patient	47
4.6.1	Computed Tomography	48
4.6.2	Radiography	49
4.6.3	Diagnostic Fluoroscopy	49
4.6.4	Nuclear Medicine	50
4.7	Effective Dose from Medical Imaging of Children	50
5.	Computed Tomography	55
5.1	Introduction	55
5.2	Equipment and Technique Trends Since NCRP Report No. 160	55
5.2.1	Cardiac Computed Tomography	55
5.2.2	Hybrid Computed Tomography Scanners (PET/CT and SPECT/CT)	56
5.2.3	Computed Tomography Angiography	57
5.2.4	Computed Tomography Perfusion	57
5.2.5	Cone-Beam Computed Tomography	57
5.2.6	Number of Imaging Slices	58
5.2.7	Low-Dose Protocols	58
5.3	Estimating the Number of Computed Tomography Procedures and Scans	59
5.3.1	Total Number of Computed Tomography Procedures	59
5.3.2	Categories of Computed Tomography Procedures	60
5.4	Computed Tomography Dose	66
5.4.1	Effective Doses for Computed Tomography ..	67
5.4.2	Impact of ICRP Publication 103 on Effective Dose Calculations for Computed Tomography	68
5.5	Collective Effective Dose	68
5.6	Sources of Uncertainty in the Dose	74
5.7	Future Trends	76
5.8	Summary	77

6. Nuclear Medicine	79
6.1 Introduction	79
6.2 Nuclear Medicine Procedures	80
6.2.1 Diagnostic Examinations	81
6.2.2 Therapeutic Procedures	81
6.3 Estimates and Conclusions from NCRP Report No. 160	85
6.4 Equipment, Technique, and Other Trends Since NCRP Report No. 160	86
6.5 Estimate of the Number and Type of Procedures per Year	88
6.6 Age Distribution of the Patient Population Exposed	92
6.7 Administered Activity	94
6.8 Effective Dose	95
6.8.1 Discussion of the Effective Doses for the Procedures	95
6.8.2 Impact of 2007 ICRP Tissue Weighting Factors on Effective Dose Estimates for Nuclear Medicine	95
6.9 Estimate of Collective and Average Individual Effective Dose	96
6.10 Uncertainties	96
6.11 Future Trends	98
6.12 Summary	99
7. Radiography, Mammography, and Diagnostic Fluoroscopy	104
7.1 Introduction	104
7.2 Radiography	104
7.2.1 Equipment and Technique Trends Since NCRP Report No. 160	104
7.2.2 Estimates of the Number and Types of Procedures	106
7.2.3 Estimates of Effective Dose per Procedure for Radiography	109
7.2.4 Calculation of Collective Effective Dose for Radiography, Mammography, and Diagnostic Fluoroscopy	112
7.3 Mammography	112
7.3.1 Introduction	112
7.3.2 Equipment and Technique Trends since NCRP Report No. 160	112
7.3.3 Estimate of the Number of Procedures	114
7.3.4 Age at Exposure	115
7.3.5 Estimate of Effective Dose per Procedure	116
7.3.6 Calculation of Collective Effective Dose for Mammography	116
7.4 Diagnostic Fluoroscopy	117

7.4.1	Introduction	117
7.4.2	Equipment and Technique Trends Since NCRP Report No. 160	117
7.4.3	Estimate of the Number of Procedures	117
7.4.4	Estimate of Effective Dose per Procedure	119
7.4.5	Calculation of Collective Effective Dose	119
7.5	Mineral Bone Density and Body Composition Measurements	119
7.6	Uncertainties	120
7.7	Future Trends	120
7.8	Summary	120
8.	Fluoroscopically Guided Interventional Cardiology	122
8.1	Introduction	122
8.2	Findings from NCRP Report No. 160	125
8.3	Changes in Equipment, Technique, and Other Trends Since NCRP Report No. 160	126
8.4	Data Sources for Estimates of Number and Types of Procedures	128
8.4.1	IMV Data	128
8.4.2	Medicare Data	129
8.4.3	National Cardiovascular Data Registry	130
8.5	Estimates of Number of Specific Procedures	132
8.5.1	Diagnostic Coronary Arteriography	132
8.5.2	Percutaneous Transluminal Coronary Angioplasty and Percutaneous Coronary Intervention	133
8.5.3	Electrophysiology Procedures (pacer and nonpacemaker)	133
8.5.4	Structural Procedures	135
8.6	Age Distribution of the Population	136
8.7	Estimation of Effective Dose per Procedure	136
8.7.1	Diagnostic Coronary Arteriograms and Percutaneous Coronary Therapy	136
8.7.2	Electrophysiology and Implantable Devices	137
8.7.3	Effective Dose Values Used in this Report	137
8.8	Effect of ICRP Changes on Effective Dose	138
8.9	Estimate of Collective and Average Individual Effective Dose	138
8.10	Uncertainties	138
8.11	Future Trends	140
8.12	Summary	140
9.	Noncardiac Fluoroscopically Guided Interventional Procedures	142
9.1	Introduction	142
9.2	Changes in Equipment and Techniques Since NCRP Report No. 160	142

9.3	Estimation of the Number of Procedures	143
9.3.1	Sources of Information for the Number of Procedures	144
9.3.1.1	IMV Reports	144
9.3.1.2	Nationwide Inpatient Sample	146
9.3.1.3	Healthcare Cost and Utilization Project	148
9.3.1.4	Medicare	149
9.3.2	Summary of Procedure Volume	149
9.4	Estimation of Effective Doses	151
9.4.1	Sources of Information for Effective Dose	151
9.4.2	Changes in Estimates of Effective Dose for Procedures from NCRP Report No. 160	152
9.5	Estimation of the Collective Effective Dose and Average Individual Effective Dose	158
9.6	Impact of Changes in ICRP Tissue Weighting Factors	159
9.7	Uncertainties	159
9.8	Future Trends	160
9.9	Summary	161
10.	Dental Radiation Exposure	162
10.1	Changes Since NCRP Report No. 160	162
10.2	Effect of Change in ICRP Tissue Weighting Factors	162
10.3	Intraoral Radiography	163
10.3.1	Data Sources for U.S. Estimates	163
10.3.2	Number of Examinations and Collective Effective Dose Estimates	164
10.4	Panoramic and Cephalometric Radiography	166
10.4.1	Data Sources and Number of Examinations: Dental Panoramic X-Ray Imaging	166
10.4.2	Number of Examinations: Cephalometric Radiography	166
10.4.3	Collective Dose: Dental Panoramic Radiography	166
10.4.4	Collective Effective Dose: Cephalometric Radiography	167
10.5	Cone-Beam Computed Tomography	167
10.6	Uncertainties	167
10.7	Future Trends	168
10.8	Summary	169
11.	Radiotherapy	171
11.1	Applicability of Radiotherapy Exposures to this Report	171
11.2	Estimates of Numbers of Radiotherapy Patients	172
11.3	Radiation Exposure During Radiation Treatment	175
11.4	Radiation Exposure from Simulations	176
11.5	Radiation Exposure from Portal Imaging	179

11.6 Radiation Exposure from Imaging in the Radiotherapy Treatment Room	180
11.7 Radiation Exposure and Dose from Radiotherapy Imaging	182
11.8 Summary	185
12. Medical Ionizing Radiation Exposure of the Pediatric Population of the United States	186
12.1 Introduction	186
12.2 Characterization of the Population	188
12.3 Procedure Numbers	188
12.4 Pediatric Radiography	191
12.5 Pediatric Fluoroscopy	195
12.6 Pediatric Computed Tomography	198
12.7 Pediatric Nuclear Imaging	202
12.8 Pediatric Fluoroscopy and Computed Tomography-Guided Noncardiac Interventional Examinations	203
12.9 Pediatric Cardiovascular Imaging	205
12.10 Radiation Exposure to the Pediatric Population from Medical Imaging and Image-Guided Procedures	207
12.11 Uncertainties	207
12.12 Summary	211
13. Uncertainties in Assessment of U.S. Population Dose from Medical Exposure	212
14. Summary and Conclusions	218
14.1 Computed Tomography	220
14.2 Nuclear Medicine	221
14.3 Radiography and Fluoroscopy	224
14.4 Cardiac Interventional Fluoroscopy	225
14.5 Noncardiac Interventional Fluoroscopy	225
14.6 Dental	226
14.7 Radiation Oncology	226
14.8 Pediatric Exposure	226
14.9 Conclusion	227
Appendix A. Effective Dose Values per Procedure Used in this Report	232
Abbreviations, Acronyms and Symbols	237
Glossary	239
References	246
Scientific Committee	266
The NCRP	274
NCRP Publications	285